

## Who is this programme for?

Leaders and potential leaders who have a sense that they can, or want to, 'make a difference' in their work – possibly in a formal leadership position or in a matrix role, influencing less directly. You may have a sense of untapped potential, knowing you have more to offer. You may have insight in how your business needs to change, but feel blocked by the prevailing climate in the organisation. You may already be taking the lead on an issue but are held up by people's inability or unwillingness to follow. This may cause you to feel frustrated, or even doubt yourself as you look at the scale of the challenge.

## Where, when, how much?

Module 1 will be held in June 2017 and Module 2 will be held in October 2017 in the stunning setting of Lambay Island. The entire programme costs €3,450 including all materials, accommodation, drinks, food and telephone support from the team.

If interested please email Lisa at [Lisa@graceconsulting.ie](mailto:Lisa@graceconsulting.ie)

To discuss further please call Corina at +353 (0)86 8049789



## Who will lead it?

The programme will be led by Chris Blakeley, and Dr Corina Grace. Chris and Corina have been running leadership programmes for 20 years in many different sectors and countries for some of the world's largest and best known organisations including Aviva, AIB, British Airways, Britvic, PwC, Syngenta, Magnox, Accenture (Dublin & Prague), Office of Fair Trading (UK), Ernest & Young, DAA, Three Mobile, European Patent Commission (Munich), ESB, Invest NI, Glanbia, Johnson & Johnson, Mylan Pharmaceuticals, NTMA, Telefonica (Europe).



Chris is the founder of Waverley and pioneered the use of powerful 'deeper' learning practices that have made our programmes so distinctive and energising.



Corina is a psychologist, lecturer and author and is a Director of Grace Consulting and a Practice Director with Waverley Learning (UK).

Corina has extensive experience in the area of leadership development and culture change having designed and delivered major leadership and culture change initiatives for global organisations both in Ireland and abroad. She is also a member of a number of coaching academies.

**Grace Consulting**  
Considered thinking for your business  
in an all too often chaotic world  
[www.graceconsulting.ie](http://www.graceconsulting.ie)

# FOCUSED LEADERSHIP

**A modular retreat  
for people who  
want space to think  
and put the important  
above the urgent**

**Module 1: June 2017**

**Module 2: October 2017**

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# WHAT IS FOCUSED LEADERSHIP?

**Focused Leaders are calm and confident in purpose, resilient in character and influential in relationships.....**

**Can these qualities be taught...? No...**

**Can they be learned...? Most definitely!**

## What will this do for me?

This short leadership retreat will transform your personal leadership impact and effectiveness. You will return from it with clearer purpose, calmer presence and stronger character.

## Why a 'Retreat'?

The word 'retreat' reflects the fact that leadership development is as much about 'inner work' as about outer work. Our retreats provide a space conducive to a depth of reflection and self-insight that is not available in traditional leadership training. We have been facilitating retreats for over 15 years. People are constantly amazed at the clarity, confidence and inner resourcefulness that they discover through the process.

*"...Inspiring and creative.  
I have come away  
with a new sense of optimism and  
renewed self-confidence..."*

*"Really helpful – gets you out  
of your comfort zone  
in a positive way..."*

## What happens on the retreats?

The first two-day retreat is all about purpose, presence and impact.

### You will:

- take stock of where you are right now as a leader - context and relationships.
- renew your personal vision and energy – what you really stand for as a leader.
- master your priorities - learn to manage the focus of your attention.
- understand your full talent and potential – where you make real impact.
- become more confident in your ability to foster openness and trust in key relationships.
- learn how to be more 'choiceful' – so you are running the system, not it you.

At the end of this process you will emerge with a clear personal leadership plan, which will comprise:

- aspects of your work or relationships where you will be bolder and exercise more leadership;
- areas where you will seek to step out of your comfort zone to expose yourself to new experiences and learning.

## What happens at the follow up day?

As you pursue this plan in between the retreats, you will be supported by peer coaching and can access telephone support from the team.

The second one-day retreat is all about character, credibility and change.

### You will;

- review your leadership journey and how to learn powerfully from experience.
- learn how to manage the emotional aspects of leadership.
- assess and access leadership 'virtues' such as integrity, resilience, courage...
- learn how to avoid common leadership pitfalls and blind spots.
- identify where and how you can be bolder in delegation and releasing talent.
- become adept at initiating transformational conversations.
- develop new skills and insights in leading change.

## Why this structure?

We see leadership as a simple process:

'Wake up' to what needs to change and your unique role in making this happen.

'Step forward' into the risk, excitement and challenge of doing this - saying what needs to be said, doing what needs to be done.

'Keep going' with perseverance in the face of opposition, inertia and the unexpected.

Our expectation is that you will take on actual leadership challenges during the programme so that you can ground your learning in your real experience. This will ensure that the learning is sustainable and will be taken into future leadership experiences.